

***Hearing the Heroine/Hero's Call to Embrace a Spirituality that Faces Life,
Death, and the Feminine in Self and Society***

**Workshop
4 – 6 May 2018**

For those requesting CEUs, *Learning Outcomes* are that Participants will be able to:

1. Demonstrate a basic understanding of myth, the heroine/hero's journey, and how 'Hearing the Heroine/Hero's Call' invites facing Spirituality, Life, Death, and the Feminine in Self and Society.
2. Identify and reflect upon their own most recent or current 'Call' to the Heroine/Hero's Journey.
3. Respond thoughtfully, ethically, and compassionately to challenges and opportunities that arise within the workshop, when addressing calls to personal and social transformation for ourselves and others.
4. Articulate a basic understanding of action methods and their role in exploring myth, story, and transformation both personally and collectively.
5. Access tools for developing self-compassion and compassion for others.
6. Articulate ways in which the experiential learning in this workshop can be integrated personally and shared or applied in interpersonal relationships with family, friends, clients, co-workers, and community colleagues.

For those requesting ABE training hours for Psychodrama, Sociometry and Group Psychodrama, *Learning Outcomes* are that Participants will be able to:

1. Identify the similarities and differences among action methods, such as psychodrama, sociodrama, Playback Theater, and Theater of the Oppressed.
2. Demonstrate a basic understanding of sociometry, its role in facilitating community, and at least two sociometric processes that can be applied or used outside the workshop.
3. Describe the basic structure of the Sociometric Wheel and its role in facilitating personal understanding of and movement through the heroine/hero's journey process.
4. Describe the terms protagonist, auxiliary, double, and role reversal.
5. Respond thoughtfully, ethically, and compassionately to their own and others' emotional responses to the enactment cycle of warm-up, action, sharing, and processing of an enactment.
6. Evaluate the effectiveness of those processes and methods used during this workshop to build group trust, develop a sense of community, and explore personal and collective stories.