



***Answering the Call: Saying 'Yes' to the Journey of Spiritual Transformation***  
**Non-Residential Workshop: 22 - 24 June 2018**

10 a.m. – 5 p.m. Friday/Saturday; 10 a.m. – 1 p.m. Sunday/Bring your own lunch, or eat at nearby restaurant.

The Journey of the Heroine/Hero stands as a model for how we might identify, accept, and move through this critical, yet exciting, challenge Time of paradigm shifts, upheavals, and what some might describe as a 'Wasteland' experience.

Following our May workshop's focus on the *Call*, during this workshop, we explore phase two of the Heroine/Hero's Journey – saying 'Yes' to the ***Journey of Spiritual Transformation*** (often called the ***Road of Trials***) and:

- Experience leaving the familiar for the Lure of Becoming;
- Work more deeply with our fears and attitudes toward death, dying, loss, and grief;
- Explore and find strength, courage, inspiration, comfort, and joy in the values, guiding principles, beliefs, and spiritual/religious traditions we hold dear; and
- Welcome with gratitude the Compassionate Allies who show up to walk with us and support us.

Using the Sociometric Wheel and other resources to further explore their place in this process, participants will have the opportunity to:

- Choose whether they are ready to step over the Threshold onto the Road of Trials;
- Identify and work with their Compassionate Allies;
- Experience the support of a kindred spirit community; and
- Utilize transformational tools, including ceremony.

Throughout the workshop, there will be time to reflect upon choices, challenges, support, and process. Participants will be able to access roles that can deepen their understanding of and experience with action methods and their use. They also will reflect on how their learning during this retreat might be incorporated personally and/or professionally after returning home.

There are no pre-requisites for attending this workshop or the October workshop, which focuses on the *Return*.

**FACILITATOR:** MaryCatherine (Cathy) Burgess, PhD, LPC, TEP (Bio/See Events on website)  
**LOCATION:** 122 S. 39<sup>th</sup> Street, apt. 601/606, Omaha, NE 68131-3034  
**CEUs for LMHP and Training Hours** applicable to certification by the *American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE)*: 15 hours  
**COST:** \$335

**To Register:** Go to Link on Registration and Payment option under Events at [www.whitebuffaloassociates.com](http://www.whitebuffaloassociates.com).