



***THE RETURN OF THE HEROINE/HERO – Retrieving the Treasure  
and Returning to Serve, Heal, and Transform the Wasteland***  
**Workshop: 1 – 3 March 2019**

Following *The Call* and *Journey of the Heroine/Hero* Workshops, held in 2018 to explore a mythic and sociometric model for healing and transforming ourselves and our world, this final workshop focuses on *The Return of the Heroine/Hero*. We again draw upon action methods and expressive arts, including the Sociometric Cycle, to help us explore:

- How the Heroine/Hero, who heard the Call and has travelled the Journey to retrieve the inner Treasure, discerns ways to Return home with the gifts of that transformational process;
- A ‘winter’ of compassionate self-care – attending to archetypes, values, visions, and right timing – as an opportunity to ponder and integrate transformational experiences individually and collectively;
- How the roles of Global Citizen and Social Artist might inspire us to nurture family and community, age consciously, share resources, and actively support the empowerment of all beings; and
- The power of joining with kindred spirits in a compassionate community of support for the pace of our own process, inspiration, encouragement, and celebration.

Participants will have the opportunity to:

- Identify and reflect upon the gifts they’ve received on the Journey – their Treasure;
- Interact compassionately with others in understanding how they might individually and collectively explore what it means to be Global Citizens and Social Artists;
- Access archetypes and roles in ways that can deepen their understanding of and experience with action methods and their use; and
- Reflect on how their learning might be incorporated personally and/or applied professionally after the workshop.

Though helpful, it is not necessary to have attended the previous two events. The focus of this workshop is on the Return, but the overall heroine/hero’s journey remains the context and will be incorporated into the workshop.

**FACILITATOR:** MaryCatherine (Cathy) Burgess Bio – [www.whitebuffaloassociates.com](http://www.whitebuffaloassociates.com) (Events)  
**LOCATION:** 122 S. 39<sup>th</sup> Street, Apt 601/606, Omaha, NE 68131-3034  
**CEUs for LMHP and Training Hours** applicable to certification by the *American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (ABE)*: 18 hours  
**COST:** \$385.

**To Register and/or seek further information, go to [www.whitebuffaloassociates.com](http://www.whitebuffaloassociates.com) and check Events/Registration and Payment.**