

***THE RETURN OF THE HEROINE/HERO – Retrieving the Treasure and
Returning to Serve, Heal, and Transform the Wasteland***
Workshop Learning Outcomes
1 – 3 March 2019

For those requesting CEUs, *Learning Outcomes* are that Participants will be able to:

1. Demonstrate a basic understanding of myth, the heroine/hero's journey, and how 'Retrieving the Treasure' and 'Returning to Serve, Heal, and Transform the Wasteland' can relate to their own families, social and work circles, and their roles as Global Citizens and Social Artists.
2. Identify and reflect upon the gifts they've received on the Journey – their Treasure.
3. Respond thoughtfully, ethically, and compassionately to challenges and opportunities that arise within the workshop, when addressing calls to personal and social transformation for ourselves and others.
4. Articulate a basic understanding of action methods and their role in exploring myth, story, and transformation both personally and collectively.
5. Access tools for developing self-compassion, compassion for others, and compassion for all living beings, including Planet Earth.
6. Articulate ways in which the experiential learning in this workshop can be integrated personally and shared or applied in interpersonal relationships with family, friends, clients, co-workers, and community colleagues.

For those requesting ABE training hours for Psychodrama, Sociometry, and Group Psychodrama, *Learning Outcomes* are that Participants will be able to:

1. Identify the similarities and differences among action methods, such as psychodrama, sociodrama, Playback Theater, and Theater of the Oppressed.
2. Demonstrate a basic understanding of sociometry, its role in facilitating community, and at least two sociometric processes that can be applied or used outside the workshop.
3. Describe the basic structure of the Sociometric Wheel and its role in facilitating personal understanding of and movement through the heroine/hero's journey process.
4. Describe the terms protagonist, auxiliary, double, role reversal, mirror, and future projection.
5. Respond thoughtfully, ethically, and compassionately to their own and others' emotional responses to the enactment cycle of warm-up, action, sharing, and processing of an enactment.
6. Evaluate the effectiveness of those processes and methods used during this retreat to build group trust, develop a sense of community, and explore personal and collective stories.